Monday 20th September 2021

**Bike to School Week 2021**

Bike to School Week is a week-long event across the UK to encourage families to cycle and scoot to school. It's a great way to celebrate the huge benefits an active school run brings. This year it takes place from 27th September to 1st October 2021. Organised by Sustrans and supported by the [Bikeability Trust](https://bikeabilitytrust.org/%22%20%5Co%20%22https%3A//bikeabilitytrust.org/%22%20%5Ct%20%22_blank), Bike to School Week celebrates cycling to school and the benefits of travelling actively for children.

To support schools throughout Bike to School Week, there's a range of resources that staff will be accessing in school including

* curriculum-linked daily activities
* simple practices to check your bike is safe to ride
* quizzes
* school presentations

These activities aim to inspire pupils to think about their journeys to school, understand the benefits of active travel, and consider the causes and effects of air pollution.

At Newbold Church School we would like to encourage as many children as possible to ride or scoot to school over the course of the week. Each day your child comes on a bike or scooter they will be given a sticker that acknowledges their efforts. Collect a sticker each day and they will be rewarded with a small prize at the end of the week!

Over the course of the week, teachers will also be giving children an opportunity to ride scooters and bikes on the school playground (Time to Ride Day), during a PE lesson:

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| --- | --- | --- | --- |
| **Class** | Date | **Year 3** | Friday 1st October |
| **EYFS** | Thursday 30th September | **Year 4** | Friday 1st October |
| **Year 1** | Tuesday 28th September | **Year 5** | Wednesday 29th September |
| **Year 2** | Mon 27th September | **Year 6** | Tuesday 28th September |

So, the message is, bring your wheels every day – but especially on your Time to Ride Day! All children will also need to wear helmets when riding, and unfortunately won’t be allowed to take part in the Time to Ride without a helmet to wear.

Please do support your child to be able to take part in this venture – perhaps even borrow a bike or scooter if you don’t have one at home!

Kind regards

Mrs K Marsh,

Head Teacher